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Dr. M.E. “Ted” Quigley, M.D. received his medical degree and post-graduate training from The University of Western Ontario Medical School in London, Ontario. Dr. Quigley finished his education and then left Canada for Southern California to complete a Fellowship in Reproductive Endocrinology at the University of California, San Diego (UCSD). He then accepted a fulltime appointment on the staff in the UCSD Department of Reproductive Medicine. Dr. Quigley is Board Certified in both Reproductive Endocrinology and Obstetrics & Gynecology.

After 7 years of academia at UCSD, researching the brain-ovarian hormone interaction, he went into private practice to discern “the truth” about menopause. Since 1993, Dr. Quigley has been a partner in IGO Medical Group where his practice specializes in the management of the PMS-Perimenopause-Postmenopause continuum and the Andropause (the male mid-life change). Dr. Quigley has managed tens of thousands of symptomatic patients by administering individualized, biologically identical hormone replacement for both men and women.

Dr. Quigley is frequently *invited* to speak at local and national symposia on women's health issues, including management of PMS, perimenopause, menopause and hormonal dysfunctions, as well as the andropause. He is currently publishing a book entitled ***Me-No-Pause...Awaken and Empower Yourself***, directed to perimenopausal and postmenopausal women and andropausal men. In his book he clarifies the role of individualized, low-dose replacement of biologically identical hormones and their risks and benefits, especially as it relates to the reports of the Women's Health Initiative Hormonal Studies published between 2002-2008.

Dr. Quigley's knowledge about this subject is impressive. As a pioneer for individualized bio-identical hormone replacement for both women and men, Dr. Quigley has greatly improved the quality of life of thousands of mid-life women and men who suffer from the negative influences of ovarian and testicular hormone deficiencies. Dr. Quigley is passionate about his work to help both men and women achieve their hormonal well-being and thus, enjoy the quality of life all of us deserve.